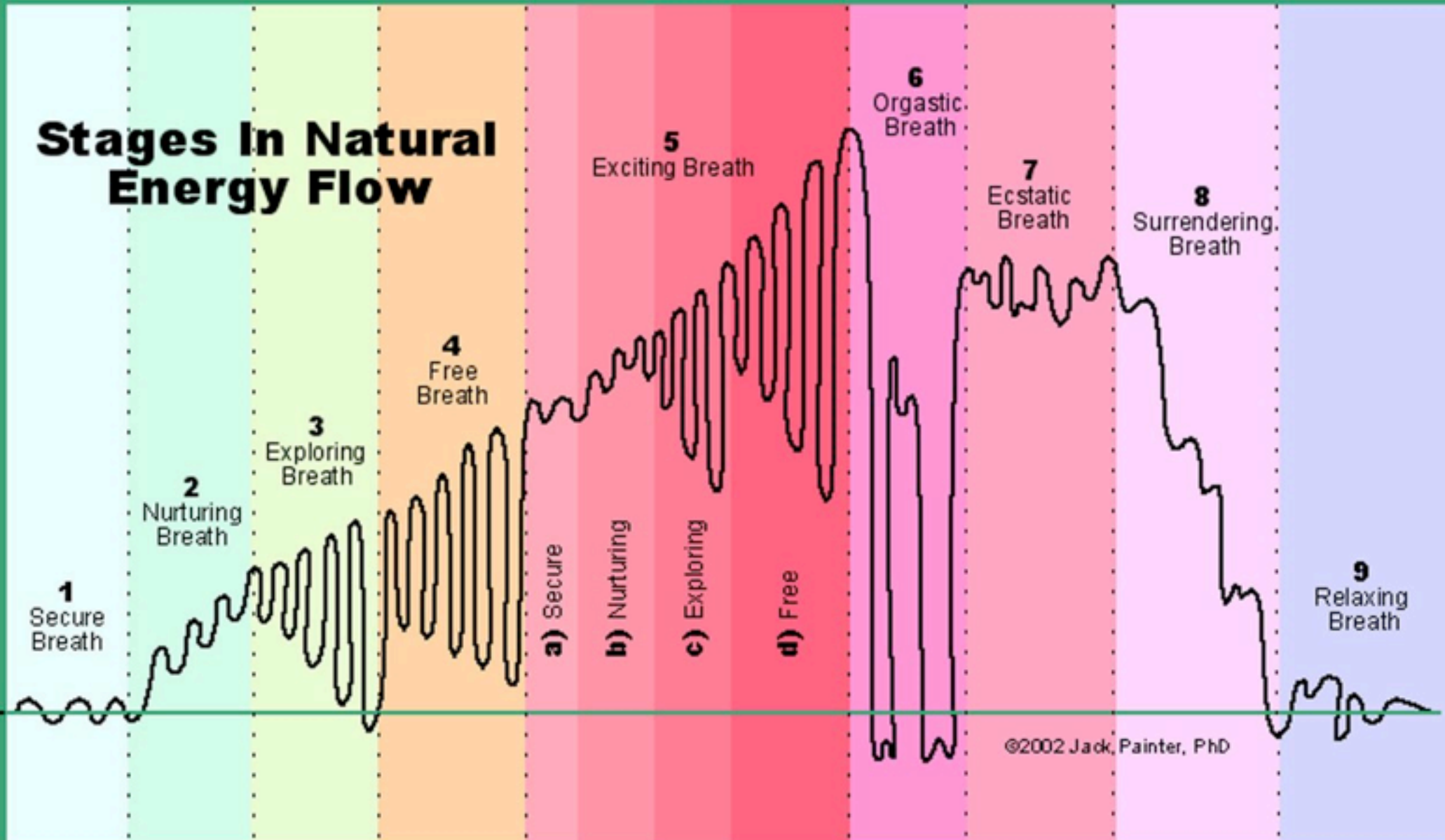


# Stages In Natural Energy Flow

Discharge - | + Charge



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	1	2	3	4	5	6	7	8	9
<b>Breath</b>	Even Inhalation & Exhalation	More Inhalation than Exhalation	More Exhalation than Inhalation	Increasing Inhalation Increasing Exhalation	Increasing Inhalation Leading to Orgastic Exhalation	Exhalation	Both Inhalation and Exhalation	Increasing Exhalation	Both Inhalation and Exhalation
<b>Charge / Discharge</b>	Homeostasis, Balance of Charge & Discharge	Increasing Charge with Minimal Discharge	Increasing Discharge with Gradual Charge	Increasing Range of Charge & Discharge	Charging & Discharging to the limit	Releasing Discharge	Balanced Variety of Charge and Discharge on Charged Plateau	Complete Discharge	Process of Creating Secure Breath
<b>Natural Character Style</b>	Creative	Caring	Powerful	Full	Joyful				